

Meal Prices:
Lunch
 \$2.25 Elementary
 \$2.50 Middle/High
Breakfast
 \$1.50 Elementary-High



SHELBY COUNTY SCHOOLS
MENU
JANUARY 2018

Breakfast Options:
 Cereal, Toast, Fruit, 100% Juice & Lowfat & assorted Fat Free Milk offered daily.
Lunch Options:
 Assorted 1% & Skim Milk offered daily.
Additional items may be added to the menu. Please Check w/ your local schools for additional choices.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1  Schools and Offices Closed		2 Teacher Workday Professional Development No Students		3 Sausage Griddle Sandwich w/ Syrup Chilled Fruit Chicken Bites w/ Roll Cheeseburger w/ Fixings Oven Fries Green Beans Garden Salad Apple Wedges		4 Yogurt Parfait Bar w/ Granola & Chilled Fruit Toppings Pizza Asian Chicken w/ Fried Rice & Roll Steamed Broccoli Garden Salad Mandarin Oranges Cookie		5 Cheesy Eggs, Southern Grits Toast w/ Jelly & Sliced Peaches Hot Dog w/ Fixings & Chips Chicken Noodle Soup w/ Grilled Cheese Black Eyed Peas Carrot Sticks w/ Ranch Dip Chilled Fruit	
8 Sausage Pancake Bites Cheesy Grits & Chilled Fruit Pizza Fish Sandwich Whole Kernel Corn Sweet Potato Wedges Garden Salad Chilled Fruit		9 Assorted Pastries String Cheese & Chilled Fruit Lasagna w/ Roll Hot Turkey Bacon Club Roasted Vegetables Green Beans Caesar Salad Chilled Fruit		10 Pig in a Blanket Spiced Oatmeal & Chilled Fruit Corn Dog BBQ Pork Nachos w/ Rice Pinto Beans Creamy Cole Slaw Fresh Fruit		11 French Toast Bites w/ Syrup Chilled Fruit Crispy Chicken Sandwich w/ Fixings Roast & Gravy w/ Roll Mashed Potatoes Green Peas Pineapple Fruit Cobbler		12 Chicken Biscuit Chilled Fruit Red Beans & Rice w/ Cornbread Cheeseburger w/ Fixings Potato Wedges Roasted Brussels Sprouts Chilled Fruit	
15 Martin Luther King, Jr. Birthday Schools and Offices Closed		16 Mini Pancakes w/ Syrup Sausage Link & Chilled Fruit Fiesta Pizza Chicken & Dumplings w/ Cornbread Pinto Beans Turnip Greens Garden Salad Chilled Fruit		17 Breakfast Pizza Chilled Fruit <i>Brunch For Lunch</i> Biscuit, Scrambled Eggs, Sausage, Grits Wow Butter & Jelly Crustless Sandwich w/ String Cheese & Chips Seasoned Home Fries Super Salad Grapefruit		18 Homemade Muffin Cheesy Grits & Pineapple Crispy Chicken Sandwich w/ Fixings BBQ Sandwich Baked Beans Creamy Cole Slaw Fruit Cup Cookie		19 Sausage Biscuit Chilled Fruit Hot Dog w/ Fixings & Chips Chili w/ Grilled Cheese Glazed Carrots Whole Kernel Corn Chilled Fruit	
22 French Toast Sticks w/ Syrup Sausage Link & Chilled Fruit Spaghetti w/ Italian Bread Hot Ham & Cheese Sandwich Green Beans Roasted Winter Vegetables Caesar Salad Chilled Fruit		23 Cheese Toast Yogurt Cup & Fresh Fruit Taco Salad (Beef or Chicken w/ Toppings) Spanish Rice Refried Beans Whole Kernel Corn Chilled Fruit		24 Chicken Biscuit Spiced Oatmeal & Chilled Fruit Corn Dog Roast & Gravy w/ Roll Mashed Potatoes Green Peas Orange Wedges Crumb Cake		25 Pancake on a Stick w/ Syrup Applesauce Cheeseburger w/ Fixings Spicy Wings w/ Roll Oven Fries Steamed Broccoli Celery Sticks w/ Ranch Dip Chilled Fruit		26 Sausage Gravy Biscuit Chilled Fruit Italian Dunkers w/ Marinara Sauce Chicken Supreme over Rice w/ Roll Black Eyed Peas Baked Sweet Potato Chilled Fruit	
29 Sausage Griddle Sandwich w/ Syrup Chilled Fruit Pizza Asian Chicken w/ Fried Rice Steamed Broccoli Garden Salad Mandarin Oranges		30 Glazed Cinnamon & Sugar Biscuit Spiced Oatmeal & Baked Apples Cheeseburger w/ Fixings BBQ Ranch Flat Bread Cheetos Baked Beans Creamy Cole Slaw Chilled Fruit		31 Ham & Cheese Croissant Hash Brown & Chilled Fruit Chicken Bites w/ Roll Smoked Turkey Sub Sandwich w/ Fixings Ranch Potato Wedges Green Beans Garden Salad Fresh Fruit		View meal accounts or pay for meals online @ www.myschoolbucks.com		Reviewed & Analyzed by Registered Dietitians *Menus are subject to change	