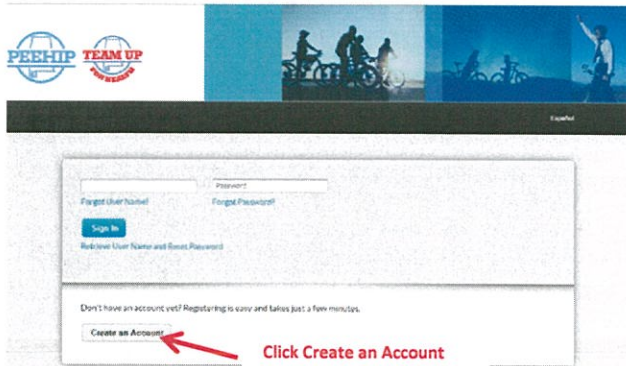


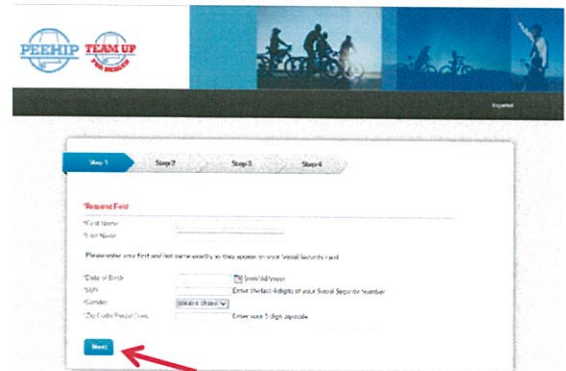
How to complete the MyActiveHealth Questionnaire

1. Ctrl + click on this link:

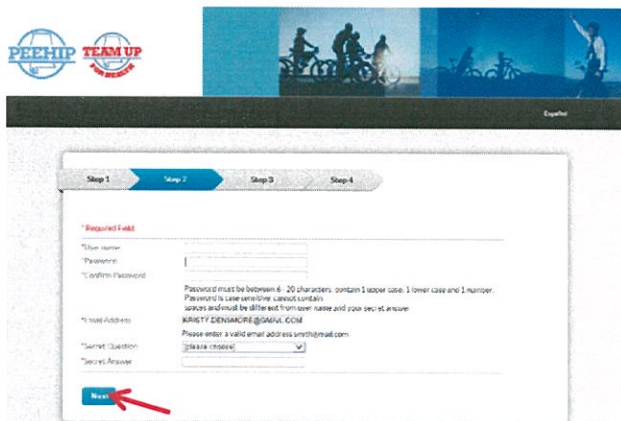
<https://www.myactivehealth.com/Portal/PortalLogin.aspx?SupplierURL=11735>



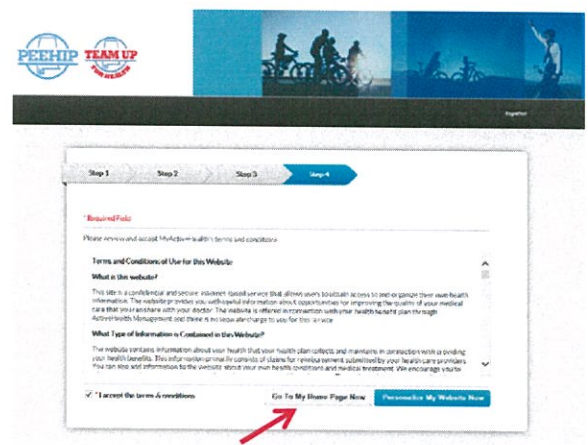
2. Fill in the required fields and click



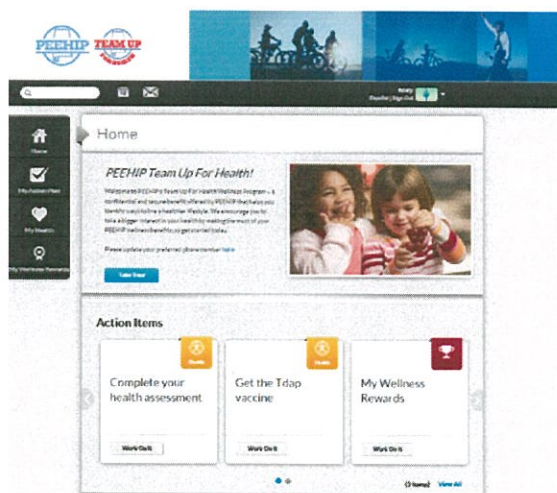
3. Create a user name and



4. Read and accept the terms and conditions and go to My Home Page



5. Complete your health



6. Click "Work on It" and Submit when complete

