

# Helena Middle School 2018-19 XC Schedule

<b>Date</b>	<b>Name of Meet</b>	<b>Location</b>	<b>Girls Start</b>	<b>Boys Start</b>	<b>Distance</b>	<b>Link to Location</b>
<b>8/24/18</b>	Early Bird Twilight	University of Montevallo; Montevallo, AL	6:00 PM	6:30 PM	1.86 m	<a href="#">Early Bird</a>
<b>9/15/18</b>	Spain Park Cross Country Classic	Veterans Park; Hoover, AL	10:15 AM	10:45 AM	2 m	<a href="#">Hoover milesplit</a>
<b>9/22/18</b>	TCBY Invitational	Munny Sokol Park; Tuscaloosa, AL	9:00 AM	9:30 AM	2.28 m	<a href="#">Munny milesplit</a>
<b>9/25/18</b>	Shelby County XC Championship	Veterans Park; Alabaster, AL	4:15 PM	4:45 PM	2 m	<a href="#">Alabaster milesplit</a>
<b>9/29/18</b>	Oak Mountain Invitational	Heardmont Park; Oak Mountain, AL	10:40 AM	11:10 AM	2 m	<a href="#">Heardmont</a>
<b>10/6/18</b>	Jesse Owens Classic	Oakville Indian Mounds Park; Oakville, AL	12:05 PM	11:50 AM	2.1 m	<a href="#">Oakville</a>

## Meet Information:

Montevallo Early Bird Twilight [https://docs.google.com/spreadsheets/d/1UVF1qKx2Nn6g4Wr3A\\_X9ILL63ildTW9G9NSQjds3bOE](https://docs.google.com/spreadsheets/d/1UVF1qKx2Nn6g4Wr3A_X9ILL63ildTW9G9NSQjds3bOE)

<http://al.milesplit.com/meets/322251/info#.Wz9zbtJKjIV>

<http://al.milesplit.com/meets/303857/info#.Wz9vg9JKjIV>

<http://al.milesplit.com/meets/323144/info#.Wz90a9JKjIU>

Oak Mountain Invitational <https://docs.google.com/document/d/1g8IL4PGqv-ykuSfIL-KJg8Hh6RXfMSu0bK6P8KGq8z4>

<http://alabamahighschoolrunner.homestead.com/JOClassic/18thannualjessownscrosscountryinvitational.html>