

## **SHELBY COUNTY HIGH SCHOOL ATHLETIC DEPARTMENT GUIDELINES**

We the coaches believe that participation in the athletic program at Shelby County High School is a privilege obtained by a student not a right given to a student. Therefore, guidelines for being involved may vary throughout the school policies.

**ATHLETIC DEPARTMENT NO'S:** NO Tobacco, NO Alcohol, NO Drugs  
NO Earrings (Boys in season)

**MAKE-UP POLICY: NO PRACTICE – NO PLAY** – If a member of one of our teams misses practice and the coach knows ahead of time and considers the absence to be excused, the athlete will make up what he/she has missed before being able to participate in the next contest. If the practice missed is not excused or the coach has not been notified, the athlete will make up what he/she has missed, plus extra consequences for not being accountable. If an athlete is sick or injured but is able to attend practice, he/she should attend in order to watch and learn to prevent falling behind.

**REMOVAL POLICY:** Athletes will be given every chance to stay on the team. Expulsion from a team may come as a last resort and will be a joint decision by the head coach and the Athletic Director.

**CUT POLICY:** The head coach of each sport reserves the right to cut his/her team down to a workable number. This process will be completed as objectively as possible.

**PARTICIPATION POLICY:** High School athletic teams are about playing your role on a team, not individual playing time.

**QUITTING POLICY:** If a student/athlete quits one sport he/she cannot begin another sport until the season of the sport he/she quit is over.

**SUMMER PROGRAMS:** All of our teams will have voluntary summer programs set up by the coaches. This is for the improvement in strength and conditioning of our athletes and should be encouraged by the parents.

**HAIR POLICY:** Hair length will be decided by each individual coach of each sport along with the Athletic Director. Hair will be kept at a modest length and should appear clean and neat.

**TRANSPORTATION POLICY:** Athletes who are transported by school personnel or designee shall return by the same means unless the coach releases the player to his/her parents.

**ROLE MODELS AND AMBASSADORS:** Our athletes are role models and ambassadors for our school. Therefore, these guidelines exist not only in the community as well as on campus.

**PARENTS POLICY:** It is inappropriate for a parent to confront a coach after a practice or event. They should wait until the next day and schedule a meeting with the coach.

**PARENT:** \_\_\_\_\_

**ATHLETE:** \_\_\_\_\_