

Counseling Calendar

August

Eagle Camp
Open House
Get to Know Your Counselors

September

Performance Series Testing
Childhood Cancer Awareness
Needs Assessments

October

Parenting Day
Red Ribbon Week
The Foundry

November

Auburn vs. Alabama Food Drive
Counseling & Shelby Cares

December

Goal Setting & Future Planning

January

Course Selection Begins
ACCESS Testing
Prevention Month

February

National School Counselor Week
Career Day
Kuder – 4 Year Planning
Promoting Safe Relationships

March

AAA Testing
Blitz Week
Spring Break

April

Test Taking Skills
ACAP Testing

May

Scheduling
Transition Time
End of Year Celebration

CONTACT US

For more information about
CAMS Counseling Program
please follow the link or scan
below to visit our website:

<https://sites.google.com/shelbyed.org/camscounseling/>



CAMS Counselors

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*School & Clinical Mental Health
Counseling*

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Wendy Williford, MEd, NCC

School Counseling & 504 Coordinator

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Doug Cound III

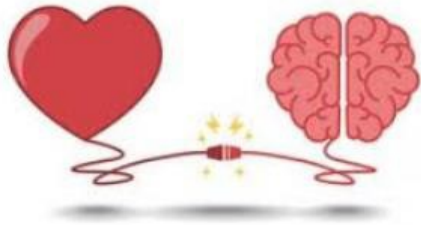
School Counseling & 504 Coordinator

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School Counseling Program



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Students, we are here to help you with...

- ✓ Making friends
- ✓ Improving your grades
- ✓ Staying on-task in class
- ✓ Learning how to make good decisions
- ✓ Understanding how to stay safe at school and home
- ✓ Peer conflict
- ✓ Planning for the future
- ✓ Dealing with peer pressure and bullying
- ✓ Developing good study skills
- ✓ Identifying coping skills
- ✓ Family relationships
- ✓ Anything else that is important to you!

Services provided by CAMS School Counseling Program include:

- Guidance services focused on academic, career, and social emotional development through speakers, videos, and classroom lessons.
- Small group or individual support on topics like divorce, grief, emotional regulation, academic success, etc.
- Referrals to outside community resources and agencies as necessitated
- Personal safety education in accordance with Erin's Law and Jason Flatt Act
- Collaboration and consultation with parents and staff to ensure individual student success



“When educating the minds of our youth, we must not forget to educate their hearts.”

Dalai Lama



Parents/Guardians can help their students succeed by...

- ✓ Encouraging learning at home and at school
- ✓ Communicating with teachers, administrators, and counselors
- ✓ Participating in school activities
- ✓ Listening to your student's concerns
- ✓ Celebrating your student's successes and recognizing that mistakes are a part of growing